



## Skate Brandon 2017 Summer Training Programs

July 3 – July 28, 2017

Kinsmen Arena - 1175 18<sup>th</sup> Street Brandon, Manitoba

### Coordinator:

Tammy McKay Phone: 724-3563 Email: [tfournier@mymts.net](mailto:tfournier@mymts.net)  
 Skate Brandon Website: [www.skatebrandon.ca](http://www.skatebrandon.ca)

Sanctioned by Skate Canada

Registration Due: May 26, 2017

Registration will go live May 1<sup>st</sup> on Karelo:

**[REGISTER HERE](#)**

### Skate Brandon Team Coaches:

<p><b>Tammy McKay</b>            Certified National Coach            Respect in Sport Certified            35+ years coaching experience            Individual \$11.50/15 minutes            Group/Choreo \$12.50/15 minutes            Cell: 204-724-3563            Email: <a href="mailto:tfournier@mymts.net">tfournier@mymts.net</a></p>	<p><b>Laurie Bertholet</b>            Certified National Coach            Respect in Sport Certified            30+ years coaching experience            Individual \$10.00/15 minutes            Group \$11.00/15 minutes            Cell: 204-522-6052            Email: <a href="mailto:altc@goinet.ca">altc@goinet.ca</a></p>	<p><b>Kelly Walker</b>            Certified Provincial Coach            Respect in Sport Certified            16 years coaching experience            Individual \$8.50/15 minutes            Group \$9.00/15 minutes            Cell: 204-573-9100            Email: <a href="mailto:kellwalk012@gmail.com">kellwalk012@gmail.com</a></p>	<p><b>Tiffany Devlin</b>            Certified Regional Coach            Respect in Sport Certified            7 years coaching experience            Individual - \$7.25/15 minutes            Group - \$7.75/15 minutes            Cell: 204-761 – 8531            Email: <a href="mailto:tiff.smith9@gmail.com">tiff.smith9@gmail.com</a></p>
---	---	--	---

**\*Supplemental/Guest Coaches will be arranged by the Coordinator as needed.**

**\*Please book lessons with your chosen coach. If you need assistance, please contact the coordinator.**

**\*Coaches wishing to bring their own skaters are welcome to join any session, provided they have obtained permission from Skate Brandon Summer School Coordinator.**

# TRAINING FEES

## STARSKATE PROGRAM

**Week 1 - 4** - \$155.00 for each week

Includes:

- Ice Fees for 2 sessions
- Coaching for listed on ice group time
- Listed off-ice group instruction

Extras:

- \$10 Simulations (available Tuesdays only)

## COMPETITIVE PROGRAM

**Week 1 - 4** - \$270.00 for each week

Includes:

- Ice fees for 3 sessions
- Coaching for listed on ice group times
- Listed off-ice group instruction
- Simulations Tuesdays and Thursdays

\*Test Day will be July 20, 2017\*

Week 1-4 - drop in fees for 4 Week Starskate package or 4 Week Competitive package - \$15/session

Week 1-4 - drop in for less than 4 week Star or Competitive package - \$25 for 1 session; \$45 for 2 sessions; \$65 for full day.

\*only the full day rate will include off-ice and group sessions on those days.

\*drop in fees must be paid prior to session(s)

STARSKATE – STARSkate – Pre-Juvenile  
COMPETITIVE – Juvenile – Senior  
OPEN – STARSkate – Senior

**\* Skate Brandon/Coordinator reserves the right to place skaters on the session that they feel will be the most beneficial to both the skater and the Summer School. Please be aware that sessions have been labelled Competitive and Star to provide some guidance. Session assignments will be made by the coordinator and the schedule will be emailed to each skater prior to the start date.**

### 2017 Summer Competitions:

Winnipeg Summer Open	July 29 – 30	Winnipeg
Minto Summer Competition	July 27 – 30	Ottawa
Wild Rose Competition	August 4 – 6	Edmonton
Quebec Summer Skate	August 10 – 13	Montreal
Thornhill Summer Skate	August 17 – 20	Toronto
2017 Super Series Summer Skate	August 17 – 20	Vancouver

**Proposed Schedule \*Subject to Change\***

Monday Week 1 July 3	Tuesday July 4	Wednesday July 5	Thursday July 6	Friday July 7
<p>Kinsmen</p> <p>10:15 Comp start warm up 10:30-10:45 Comp Off-Ice 11:00-11:15 Comp Edge Pattern 11:15-12:00 Comp Free 12:00 Flood 12:10-12:55 Comp Free 12:25-12:40 <b>Star</b> Off-Ice 12:55-1:10 Comp &amp; <b>Star</b> Group 1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open 1:55 FLOOD 2:05-2:50 <b>Star</b> &amp; Comp Free 2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:45 Comp start warm up 11:00-11:15 Comp Off-Ice 11:30-12:15 Comp Free 11:45-12:00 <b>Star</b> Off-Ice 12:15-12:30 Comp &amp; <b>Star</b> Group 12:30 Flood 12:40-1:25 <b>Star</b> &amp; Comp Free 1:25-1:40 <b>Star</b> &amp; Comp Group 1:40-2:25 <b>Star</b> &amp; Comp skills/dance/open 2:25 Flood 2:35-3:05 Simulations</p>	<p>Kinsmen</p> <p>10:15 Comp start warm up 10:30-10:45 Comp Off-Ice 11:00-11:15 Comp Edge Pattern 11:15-12:00 Comp Free 12:00 Flood 12:10-12:55 Comp Free 12:25-12:40 <b>Star</b> Off-Ice 12:55-1:10 Comp &amp; <b>Star</b> Group 1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open 1:55 FLOOD 2:05-2:50 <b>Star</b> &amp; Comp Free 2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:15 Comp Off-Ice 11:00 Simulations 11:30-12:15 Comp Free 12:15-12:30 <b>Star</b> &amp; Comp group 12:30-1:15 <b>Star</b> &amp; Comp skills/dance/open 1:15 Flood 1:25-2:10 <b>Star</b> &amp; Comp Free 2:10-2:20 <b>Star</b> &amp; Comp Group 2:30-3:05 Comp Off-Ice Classroom</p>	<p>Kinsmen</p> <p>8:30-8:45 Comp Off-Ice 9:00-9:15 Comp Figures 9:15-10:05 Comp Free 10:05 Flood 10:15-10:35 Comp Consistency 10:35-11:20 Comp Free</p>
Week 2 July 10	July 11	July 12	July 13	July 14
<p>Kinsmen</p> <p>10:15 Comp start warm up 10:30-10:45 Comp Off-Ice 11:00-11:15 Comp Edge Pattern 11:15-12:00 Comp Free 12:00 Flood 12:10-12:55 Comp Free 12:25-12:40 <b>Star</b> Off-Ice 12:55-1:10 Comp &amp; <b>Star</b> Group 1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open 1:55 FLOOD 2:05-2:50 <b>Star</b> &amp; Comp Free 2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:45 Comp start warm up 11:00-11:15 Comp Off-Ice 11:30-12:15 Comp Free 11:45-12:00 <b>Star</b> Off-Ice 12:15-12:30 Comp &amp; <b>Star</b> Group 12:30 Flood 12:40-1:25 <b>Star</b> &amp; Comp Free 1:25-1:40 <b>Star</b> &amp; Comp Group 1:40-2:25 <b>Star</b> &amp; Comp skills/dance/open 2:25 Flood 2:35-3:05 Simulations</p>	<p>Kinsmen</p> <p>10:15 Comp start warm up 10:30-10:45 Comp Off-Ice 11:00-11:15 Comp Edge Pattern 11:15-12:00 Comp Free 12:00 Flood 12:10-12:55 Comp Free 12:25-12:40 <b>Star</b> Off-Ice 12:55-1:10 Comp &amp; <b>Star</b> Group 1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open 1:55 FLOOD 2:05-2:50 <b>Star</b> &amp; Comp Free 2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:15 Comp Off-Ice 11:00 Simulations 11:30-12:15 Comp Free 12:15-12:30 <b>Star</b> &amp; Comp group 12:30-1:15 <b>Star</b> &amp; Comp skills/dance/open 1:15 Flood 1:25-2:10 <b>Star</b> &amp; Comp Free 2:10-2:20 <b>Star</b> &amp; Comp Group 2:30-3:05 Comp Off-Ice Classroom</p>	<p>Kinsmen</p> <p>8:30-8:45 Comp Off-Ice 9:00-9:15 Comp Figures 9:15-10:05 Comp Free 10:05 Flood 10:15-10:35 Comp Consistency 10:35-11:20 Comp Free</p>

Week 3 July 17	July 18	July 29	July 20	July 21
<p>Kinsmen</p> <p>10:15 Comp start warm up  10:30-10:45 Comp Off-Ice  11:00-11:15 Comp Edge Pattern  11:15-12:00 Comp Free  12:00 Flood  12:10-12:55 Comp Free  12:25-12:40 <b>Star</b> Off-Ice  12:55-1:10 Comp &amp; <b>Star</b> Group  1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open  1:55 FLOOD  2:05-2:50 <b>Star</b> &amp; Comp Free  2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:45 Comp start warm up  11:00-11:15 Comp Off-Ice  11:30-12:15 Comp Free  11:45-12:00 <b>Star</b> Off-Ice  12:15-12:30 Comp &amp; <b>Star</b> Group  12:30 Flood  12:40-1:25 <b>Star</b> &amp; Comp Free  1:25-1:40 <b>Star</b> &amp; Comp Group  1:40-2:25 <b>Star</b> &amp; Comp skills/dance/open  2:25 Flood  2:35-3:05 Simulations</p>	<p>Kinsmen</p> <p>10:15 Comp start warm up  10:30-10:45 Comp Off-Ice  11:00-11:15 Comp Edge Pattern  11:15-12:00 Comp Free  12:00 Flood  12:10-12:55 Comp Free  12:25-12:40 <b>Star</b> Off-Ice  12:55-1:10 Comp &amp; <b>Star</b> Group  1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open  1:55 FLOOD  2:05-2:50 <b>Star</b> &amp; Comp Free  2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:15 Comp Off-Ice  11:00 Simulations  11:30-12:15 Comp Free  12:15-12:30 <b>Star</b> &amp; Comp group  12:30-1:15 <b>Star</b> &amp; Comp skills/dance/open  1:15 Flood  1:25-2:10 <b>Star</b> &amp; Comp Free  2:10-2:20 <b>Star</b> &amp; Comp Group</p> <p>*Test Day – Schedule TBD*</p>	<p>Kinsmen</p> <p>8:30-8:45 Comp Off-Ice  9:00-9:15 Comp Figures  9:15-10:05 Comp Free  10:05 Flood  10:15-10:35 Comp Consistency  10:35-11:20 Comp Free</p>
Week 4 July 24	July 25	July 26	July 27	July 28
<p>Kinsmen</p> <p>10:15 Comp start warm up  10:30-10:45 Comp Off-Ice  11:00-11:15 Comp Edge Pattern  11:15-12:00 Comp Free  12:00 Flood  12:10-12:55 Comp Free  12:25-12:40 <b>Star</b> Off-Ice  12:55-1:10 Comp &amp; <b>Star</b> Group  1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open  1:55 FLOOD  2:05-2:50 <b>Star</b> &amp; Comp Free  2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:45 Comp start warm up  11:00-11:15 Comp Off-Ice  11:30-12:15 Comp Free  11:45-12:00 <b>Star</b> Off-Ice  12:15-12:30 Comp &amp; <b>Star</b> Group  12:30 Flood  12:40-1:25 <b>Star</b> &amp; Comp Free  1:25-1:40 <b>Star</b> &amp; Comp Group  1:40-2:25 <b>Star</b> &amp; Comp skills/dance/open  2:25 Flood  2:35-3:05 Simulations</p>	<p>Kinsmen</p> <p>10:15 Comp start warm up  10:30-10:45 Comp Off-Ice  11:00-11:15 Comp Edge Pattern  11:15-12:00 Comp Free  12:00 Flood  12:10-12:55 Comp Free  12:25-12:40 <b>Star</b> Off-Ice  12:55-1:10 Comp &amp; <b>Star</b> Group  1:10-1:55 <b>Star</b> &amp; Comp skills/dance/open  1:55 FLOOD  2:05-2:50 <b>Star</b> &amp; Comp Free  2:50-3:05 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>10:15 Comp Off-Ice  11:00 Simulations  11:30-12:15 Comp Free  12:15-12:30 <b>Star</b> &amp; Comp group  12:30-1:15 <b>Star</b> &amp; Comp skills/dance/open  1:15 Flood  1:25-2:10 <b>Star</b> &amp; Comp Free  2:10-2:20 <b>Star</b> &amp; Comp Group</p>	<p>Kinsmen</p> <p>8:30-8:45 Comp Off-Ice  9:00-9:15 Comp Figures  9:15-10:05 Comp Free  10:05 Flood  10:15-10:35 Comp Consistency  10:35-11:20 Comp Free</p>

